

SRHAB

Salmon River High Adventure Base Mountain West Council



Leader's Guide 2026

Welcome to the Salmon River High Adventure Base!

Thank you for choosing Mountain West Council's rafting high adventure base. We are located on Salmon River Road outside of Riggins, ID.

Our program contracts with the services and staff of [Adventure Idaho](#), located in Riggins, ID. Alan and his family have been running Idaho rivers for over 30 years. His trained and experienced team will provide outstanding experience for you and your Scouts.

While at camp, Scouts, Venturers, or Sea Scouts will grow in ways that they did not expect and have a great time. This will provide opportunities for the young adults to experience whitewater adventure with your guidance and support in a way that does not commonly occur at residence camps or other camping experiences. Valuable connections are made during a unit's time at Salmon River High Adventure Base.

More than anything else, this is an opportunity for you and your Scouts to have fun and create lifelong memories.



Program Requirements

- All participants must be registered with Scouting America in a Scouts BSA, Venturing, or Sea Scout unit. There is no minimum age requirement.
- All participants, youth and adults, must take the swim test prior to arriving.
- All participants must bring current medical forms A, B, and C.
- All leaders must be current in Safeguarding Youth training.

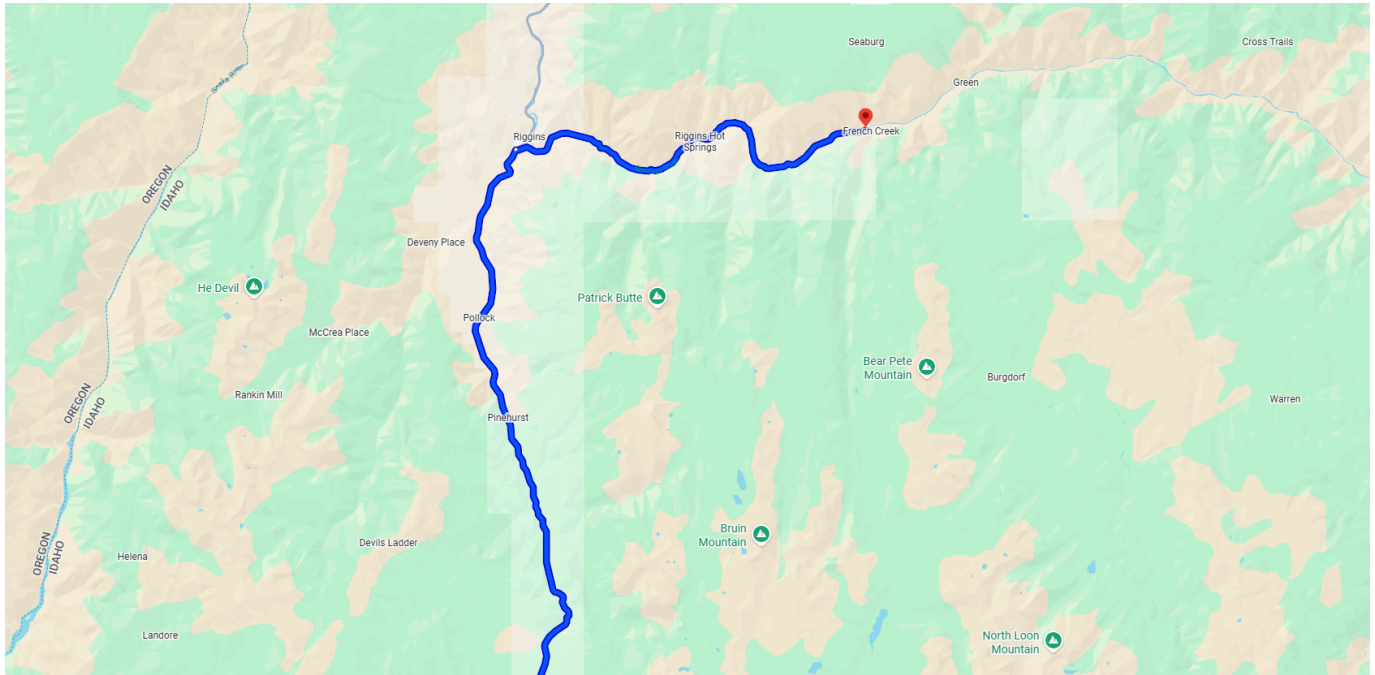
SRHAB Trip

Embark on 3 action-packed days of whitewater rafting on the legendary Salmon River. The whitewater ranges from mild to wild, offering a confidence-building challenge for all skill levels. With over 25 exhilarating rapids, including Vinegar, Ruby, Lake Creek, Time Zone, Tight Squeeze, and Black Rock, this adventure will build character, strengthen bonds, and create memories to last a lifetime.

Each day unveils a fresh, breathtaking stretch of the Salmon River, ensuring no two days are the same. After the excitement on the water, return to the comfort of our exclusive rustic campsite, nestled along a sandy beach on the Salmon River.

Adventure Idaho handles all the details. Great food and expert guides – so you can focus on the journey and the experience. This is more than just a rafting trip; it's an unmatched combination of camaraderie, challenge, and unforgettable experiences.

Many of their guides, with years of experience working on rivers across the state, have said this 3 day rafting experience is their favorite! Incredible location, perfect mix of rapids, and endless activities!



Directions to **SRHAB** from Boise, ID

Take US 55 N to New Meadows, ID

Turn Right onto US 95 N

Travel 33.6 miles to Riggins, ID

Turn Right onto Big Salmon Road

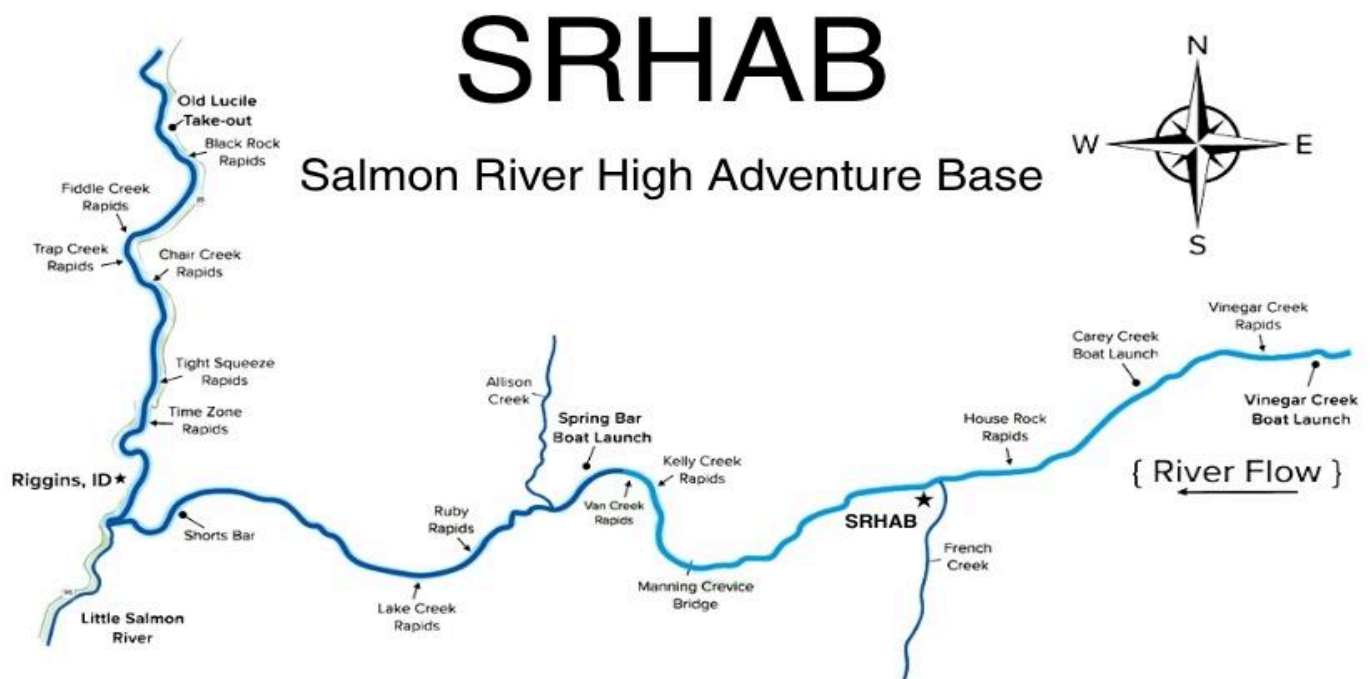
Continue for 18.3 miles (about 45 minutes)

Arrive at SRHAB on the right side of the road

SRHAB is located at the confluence of French Creek and the Salmon River

Registration

The minimum crew size is 3 adults and 3 youth. A \$50 nonrefundable deposit per person will hold your place which will be applied to your total trip fees. Units in the Mountain West Council pay \$250.00 per person; Out-of-Council fees are \$275.00 per person. There are no cancellations or refunds, only transferrable to another participant. Final payment is due June 5, 2026.



Itinerary

Each day you will explore a new section of rapids! All activities are subject to change based on weather conditions and river levels. There is plenty of time for camp games, meetings, and an overall good time!

Day 0-Wednesday: Some groups will come in the day before rafting begins. This is highly encouraged! Early arrival can be coordinated with April Wagner at April.Wagner@Scouting.org. Please note that the first meal provided is lunch on Thursday.

Day 1-Thursday: Arrive between 10 and 10:30am. We run on Mountain Standard Time. At 11am, we will hold an orientation and get everyone ready for rafting. Next, participants will load into personal vehicles and drive ~4 miles to Vinegar Creek. Drivers will then drive back to camp and shuttle with guides back to the put-in. Here you will have lunch, review gear, and have the safety talk. Then the rafting trip begins! The group floats down to SRHAB camp at French Creek, arriving around 3-5pm. Downtime for swimming, beach games, or fishing all while dinner is being prepared.

Day 2-Friday: Breakfast at 8am and boats push off at 9am. Rafting from SRHAB at French Creek to Riggins. This is a big 20 mile day with a mix of rapids and calm sections for water activities. We stop at midday for lunch and restrooms. End at Adventure Idaho in Riggins to tie up the boats for the night. Ride the shuttle bus/vans back upriver to SRHAB camp at the end of the day. Dinner and open time for group activities.

Day 3-Saturday: Breakfast at 8am and leave camp at 9am. Everyone packs up in the morning and drives all vehicles down to Adventure Idaho in Riggins. We meet on the back deck at Adventure Idaho. Everyone floats the final, and most exciting rapids to Old Lucile. Ride the shuttle bus/vans back to Riggins. We end with lunch on the back deck overlooking the river at Adventure Idaho. The group heads back home from here around 1-2:30pm.

Preparation for SRHAB

Packing List

Drinking Water – Adventure Idaho provides drinking water daily. It is recommended that units bring extra water for the 3 days to fill water bottles, especially if you are arriving to camp Wednesday.

****There is no water access on site.****

Tents – Hammock camping is not available at this site.

Sleeping Bags – 30 – 40 degree sleeping bags work great for July.

Sleeping Pad

Pillow

Rain Suit – Two-piece, jacket and pants. Adventure Idaho recommends PVC, EVA or PEVA rainwear, which is basically the rubbery plastic material. It is waterproof and warm. Thin plastic ponchos are good backups, but might not be durable for multiple days. 95% of the time it's hot and sunny but good rain gear can turn rafting in the rain into a positive experience.

Footwear – You will need two pairs of shoes. 1). Sturdy water shoes. Sneakers offer the most protection and work well when used with wool, polypro, or neoprene socks for insulation. Most prefer Chacos or Tevas for being sturdy and quick drying. 2).

Comfortable camp shoes that can be used on potentially rocky hikes.

Flip flops, crocs, cowboy boots, etc are not allowed on the river. Footwear is MANDATORY at all times on the river, in camp, and on the beach.

-Clothing

- 2 to 3 swimsuits

- 2 to 3 pairs of shorts, shirts & underwear for camp

- 2 to 3 quick drying shirts. (Long or short sleeve)

- Fleece jacket

- Puffy jacket – good for chilly mornings.

- Long pants for sun protection and cold mornings

- 3 pairs of wool socks

- Cotton hoodies and jeans are bulky and hard to dry. Leave them behind.

-Small day-bags are provided and may help hold extra layers

-All items left at camp will be inaccessible during the day.

Warm Days - Quick-dry t-shirt, nylon swimming trunks, and sandals.

Cold Days - Trade t-shirt for polypro top, add fleece top and rain suit for the worst conditions. Remember, layering is key.

-Water Bottles - Bring sturdy water bottles, Nalgene type preferred. 100+ degree weather is not uncommon! Staying hydrated is crucial.

-Hat - Bring a hat for sun protection. Add a retainer in case of wind or water fight. Hats will need to fit under a helmet while on the water.

-Sunglasses and Eyeglasses - Retainers like croakies or chums will be your best friend.

-Sunscreen and Lip Balm - Expect long hours in the sun. Bring plenty and re-apply during the day.

-Insect Repellent - This is a dry desert climate with very little stationary water. Mosquitos are rare but other bugs may occasionally be present.

-Flashlight or Headlamp - Don't forget the extra batteries.

-Personal Toiletries - Toothbrush, toothpaste, deodorant, etc.

-Towel - Bring but leave at camp.

-Soap - (Optional) Biodegradable soap does extensive damage to rivers before it degrades. It is not allowed in the Salmon River or any side tributaries. You may use soap away from the river if needed.

-Medicine - If you need to bring any medicine critical to your health, where possible, divide it into two containers, each with adequate quantity to complete the trip. A guide or leader will carry the extra medicine container on a separate boat. Cool storage is available.

-Epipens - Due to the remote location, we strongly recommend bringing 2 sets if you require life saving medication. Bee stings have occasionally happened on river trips. Bees are attracted to the wet, cool sand as well as sugary drinks and meat. You must bring an Epipen if you are allergic to bee stings or have any other serious allergy.

****You must keep these items on your person in a small day drybag.****

-Cell Phones – There is no cell service, wifi, or electrical grid along the river, it's great! At SHRAB, you are a 1 hour drive from cell service in Riggins. River guides carry satellite communication for emergencies. Family members can reach out to the Adventure Idaho office if needed during your trip. They can relay messages that are checked daily by river guides.

-Camera – Padded, waterproof camera cases are essential for expensive cameras. Waterproof cases work well for cell phone cameras.

-Snacks and Candy– Bring what you prefer. Meals are provided, but afternoon snacks hit the spot, especially with the high level of activity.

-Fishing Gear – You will need an Idaho fishing license if you will be fishing and over 14 years of age. Trout and bass can be caught here.

-Carabiners – (Optional) To secure water bottles to the rafts during the day.

Only locking carabiners are allowed on the rafts.

-Unit First Aid Kit – To be used as needed in camp.

Gear Provided by Adventure Idaho

-Camp Chairs and Picnic Tables – For group gathering and meal times. It is recommended to bring a personal camp chair for unit campsites.

-Eating Utensils – All eating utensils, plates, and bowls will be provided starting with lunch on Thursday. You will need a mess kit if you arrive early.

-Propane Fire Pits – Campfires are not allowed at this location.

-Safety and First Aid Equipment – While on the river. Units should bring kits for personal use.

-PFDs and Helmets – US Coast Guard approved whitewater. If bringing your own river gear, you must verify it with the guides before your trip.

-Day Dry Bag – One small dry bag per boat will be provided to be shared. These will be accessible during the day. Zip-loc bags will help keep day bag items dry and organized. This will be used for cameras, personal snacks, sunscreen, medications, light jackets and rain gear.

Leave Behind

- Unnecessary electronic devices
- Laptops
- Fireworks - Absolutely not! Highly illegal in this area prone to wildfires
- Firewood - No fires allowed at this camp, propane fires available
- Glass containers
- Jewelry
- Metal Rings - silicone rings are a better and safer option

Required Paperwork to Bring

- Medical Forms A, B, and C for each participant
- Unit roster (also please submit to April.Wagner@scouting.org 1 week prior to trip)
- Local council proof of medical insurance if you are not in the Mountain West Council
- Swim Check Form

Emergency Information

The location of SRHAB, as well as most of the river traversed by rafting, is outside of cell phone and radio reception. River guides always have a satellite device for emergency communication should the need arise. Apart from that, the following numbers will provide the fastest possible means for campers to be contacted from home.

Mountain West Council: (208) 376-4411

Adventure Idaho: (208) 243-9539

April Wagner, Mountain West Council Program Director: (425) 879-0237

Salmon River High Adventure Base Unit Roster

Unit:_____ Council:_____

Youth Name	Emergency Contact Phone	Med Form A, B, C	Swim Check
Adult Name	Emergency Contact Phone	Med Form A, B, C	Swim Check

Packing Checklist

- ☐ Drinking water
- ☐ Tent
- ☐ Sleeping bag
- ☐ Sleeping pad
- ☐ Pillow
- ☐ Rain suit
- ☐ 2-3 pairs footwear
- ☐ 2-3 swimsuits
- ☐ 2-3 pairs of shorts, shirts, & underwear
- ☐ 2-3 quick drying shirts (long or short sleeve)
- ☐ Fleece jacket
- ☐ Puffy jacket
- ☐ Long pants
- ☐ 3 pairs wool socks
- ☐ Water bottle
- ☐ Hat
- ☐ Sunglasses & eyeglasses
- ☐ Sunscreen & lip balm
- ☐ Insect repellent
- ☐ Flashlight or headlamp
- ☐ Personal toiletries
- ☐ Towel
- ☐ Medications
- ☐ Unit First Aid Kit

Optional Items

- ☐ Soap
- ☐ Cell phone with waterproof case (for taking pictures)
- ☐ Camera with waterproof case
- ☐ Snacks & candy
- ☐ Fishing gear
- ☐ Carabiners (only locking carabiners allowed on rafts)
- ☐ Small personal day dry bag